

PERSONAL DEVELOPMENT:



Communication 1: List as many ways as you can think of to communicate with others (face-to-face, telephone, letter, email, text message, online forum, etc). For each type of communication, discuss when it is appropriate and when it is not to use each method along with the advantages and disadvantages of each.

Communication 2: Think of a creative way to describe yourself. It could be an autobiography, drawing, a series of photographs, short story, or song. Create this piece of communication and present it in your journal.

Communication 3: Develop a lesson plan to teach a skill or inform others about a topic. Prepare any teaching aids you may utilize. Present your plan to your Sponsor/TM for approval and then make the lesson presentation available to other members.



Citizenship In Your Community 1: Discuss what citizenship in the community means and what it takes to be a good citizen in your community. Discuss the rights, duties, and obligations of citizenship, and explain how you can demonstrate good citizenship in your community.

Citizenship In Your Community 2: Attend a meeting of your city, town, or county council and report back on issues that were discussed.

Citizenship In Your Community 3: Find a volunteer organization or charity in your community and volunteer. Share your experience



Citizenship In Your Nation 1: Explain what citizenship in your nation means. Discuss the rights, duties, and obligations of a responsible and active citizen.

Citizenship In Your Nation 2: Visit a historic landmark, capitol building, national monument, or other federal/national institution such as a courthouse. Explain the significance of this place and others like it to your nation.

Citizenship In Your Nation 3: Choose a leader of national significance that you admire and explain why they represent a good citizen of your nation.



Citizenship In The World 1: Explain what citizenship in the world means to you and what you believe makes a good world citizen.

Citizenship In The World 2: Select an international organization such as UNICEF, the United Nations, Interpol, the World Health Organization, etc and explain the role it plays in promoting good citizenship among the world population.

Citizenship In The World 3: Research how to obtain a Visa or Passport and apply for one. Present your Visa or Passport as proof or explain why you are unable to receive one.



Family Life 1: Explain what family means to you and why they are important to the individual and to society. What specific roles are there in the family, and why are they important? Share your thoughts about how the Monastic Order of Knights is or is not family and why.

Family Life 2: Plan and carry out a volunteer project involving your family that will benefit both your family and the community. Describe the experience and how it benefitted you and your family.



Public Speaking 1: Give a live spoken three to five minute introduction of yourself to a small group. Explain the experience and any difficulties you have with public speaking.

Public Speaking 2: Select a topic of interest to your audience, collect and organize information about the topic, and deliver a five to eight minute speech utilizing body language and visual aids to a small audience.

Public Speaking 3: Demonstrate your understanding of procedure by leading a meeting or group discussion according to the accepted rules in that environment. This could be a work meeting, a volunteer organization meeting, or an official proceeding of some kind.